

Eplefondet

Eplefondet (the Apple Fund) is a municipal grant scheme making it possible for children and youths from low-income families to participate in leisure activities.

The club/association submits an application for support on the child's behalf.

If you find it difficult to talk about your financial situation with the club/association, you can contact a leisure activity counsellor, who can help you.

Eplefondet can only support one activity per child per year, and you will only qualify for support if there is an actual need.

Many families apply for support, and it is not always possible for the fund to cover the full cost. Talk to your club/association or a representative of Eplefondet about possible solutions if your child's activity becomes too costly.

Read more about Eplefondet in several different languages: [The Apple Fund - Lieropplevelser](#)
For contact and questions: eplefondet@lier.kommune.no Telephone: 32220250

Leisure activity counselling

A leisure activity counsellor can help children and youths who have a difficult time getting into a leisure activity.

A leisure activity counsellor is knowledgeable about the wide range of leisure activities available to children and youths. Together, we talk about what the child likes to do after school and what it takes to participate in a leisure activity.

The leisure activity counsellor can talk to coaches or instructors and make arrangements that help the child feel safe and welcomed at their first practice or assembly.

The leisure activity counsellor can also guide parents on what it means to have children participate in leisure activities and make it easier to ask for help if they have questions or if there is something they struggle with.

Leisure activity counselling through an interpreter is also possible, if that would be preferable.

Contact a leisure activity counsellor: fritidsveiledning@lier.kommune.no
Mobil: 95526382 (svarer også på sms)



EPLEFONDET
FRITID FOR ALLE

